

Kilaya is Not Stingy:
On Learning and Practicing Vajrakilaya

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I heard you are going to do Kilaya practice at ODD before Losar. Good! Thank you! Finally you are standing up! Everybody can practice and learn. You have our umzed, Keith, who can come and teach you everything--tormas, instruments, I think the meaning a little bit too. He is a very good umzed and I think he is also juicy with knowledge if you squeeze him. You might have to squeeze a little extra, though, because he likes to keep his mouth closed. Maybe squeeze him and then sneaky way also step on his foot under the table—then I think he has to say something. I don't know if he took a vow or what, but he is sort of stingy with his talking. One way, that's good. Not gossiping and slandering and blah blah blah like a widow lady. But one way it looks like he's afraid he might lose something if he opens his mouth, so he just holds whatever he knows to himself. Maybe he has wonderful things inside his mouth but he doesn't want to share? Or maybe his teeth are rotten? Smelly? Yuck! That's embarrassing. Anyway, he is young but he really learned nicely, piece by piece how to do the practices. Sort of shocking—better than Tibetans. Anyway, please squeeze him for his knowledge. He can teach you in your own language and you can ask him questions. You don't need to be embarrassed and he doesn't need to hide, either.

Also, everybody doing Kilaya practice—that's wonderful, thank you. Everybody needs long life. Everybody needs to get rid of obstacles. Everybody needs to see their own things, negative stuff. And also, when are you gonna die? Do you know? When you die, your next life--do you know what that will be? I think we don't know, nobody. Who is dying? Everybody is dying. Do we know that? No. But nobody can say they are not going to go first. Nobody can say they are not dying, because bottom line, we don't know when we are going to die. We don't know our next life, either. Therefore we need Kilaya. Kilaya is not stingy. If you live, Kilaya helps. If you die, Kilaya helps. He is not just a nasty looking guy. We don't just need to pray with our mouth, blah blah blah. We need the real essence, the real meaning. When you die, all your blah means nothing. What you took into your heart, sincerely—at the time of death, that one is there. Kilaya's essence is your essence. Kilaya's meaning is your own nature. Except you think you are not ugly like him. Anyway, therefore we practice our own nature. Don't forget! Everybody practice, and everybody learn more, stage by stage. ODD people—wonderful, thank you! Don't waste your umzed! He is not upside-down young man!

Tashi Delek!

-Gyatrul

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