

Of Course Faith is Difficult!

Venerable Gyatrul Rinpoche

March 5th, 2019

Absolutely, of course faith is difficult! It means you understand the buddhas' nature!

Are you going to trust some guy just because he has big money or is handsome or is dressed nicely? No! Or some lady—are you going to trust her just because she's pretty or rich or smart or a go-go? No! If you are going to trust someone, it is because you know their nature. What do they do? What is really in their brain or their heart? Handsome or pretty doesn't matter. It could be an ugly lady or a funky guy who really has the qualities of being trustable—really honest, a wonderful person.

You can find lots of pretty ones or rich ones—easy. Real honest one—very difficult. Same thing with faith, very difficult, because we don't understand, we don't really look so we don't see.

You don't need something extra. Faith doesn't mean you need to make something. Just you see what is there, then faith comes. You don't need to add your own things. Your faith object is already there. You don't need to make it, to work on it, to fix something. You don't need to add extra. You don't need struggling. Just look. Open the eye! Faith just means seeing. Seeing or understanding. No faith means no seeing.

One way, nobody needs to explain. With a person, nobody needs to tell you if they are trustable. Look with your own eye, your own experience. You don't have to listen to somebody else's mouth, what they say about that person. You know for yourself. A human being is a human being. He is he. She is she. Pretty is pretty. Handsome is handsome. Ugly is ugly. Stupid is stupid. Negative is negative. Positive is positive.

Lots of negative people pretend they are positive. Lots of ugly ladies pretend they are pretty. Therefore, you need to look carefully. Ugly means their face? No. It means their brain, their activity. Same thing for a man, of course.

And for Odzer the cat! For him we say, 'Naughty is naughty.' Obviously that! He is so cute!

You see it with your own eye, then faith is there. Nothing extra! What are you gonna make? Even if you wanted to, you couldn't make faith. You need faith? That means you need to look. Not make something.

What are we making? We're making our samsara. That is our skillfulness. We don't need to make buddha. We *can't* make buddha, anyway, it doesn't work. Buddha you don't need to make, just need to see. The more you look, the more you understand. That understanding is faith. Understand, then deeper, deeper see. What you see, that is more faith again. Faith slowly becomes realization. Into the heart. Not the butt!

Faith means practice with the heart. Faith means sincerely. More faith means practice is more easy and more powerful, more and more.

That way, okay? You step on your step. Stage by stage. We can't jump up to the top. We have to learn. We have to see. Then slowly we go up.

-Gyatral

This material is being made available as a free download by Vimala Treasures. ©2019 Vimala