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## HEART ADVICE ON TSOQ AND OTHER MATTERS

*A teaching read to those gathered at Orgyen Dorje Den on January 14, 2012,  
to practice Vajrasattva in connection with Dungse Thinley Norbu Rinpoche's Parinirvana*

### Part 14

#### Offering Even Our Doubt As Tsog

There are many lamas that you can connect with, and they have many different qualities and characteristics. There are lots of manifestations, but you don't need to worry because they are all of the same nature. Still, of course, we do worry and we do have doubt; but when we come and gather as a sangha and offer tsog, this great gathering, we should also gather all of our doubt. Why not? Bring all of your doubt, too! All of your doubt, all of your hesitation, all of your negativity, you bring it and put it all in one pile. Even that which nobody wants to talk about, you can bring that, too. Because nothing that you bring can harm the wish-fulfilling jewel that is the nature of your own mind, the buddhanature. Therefore, as nothing can harm it, everything becomes its ornament instead. Everything can be offered. Understanding this, of course there is no fault in having doubt.

In fact, doubt is very useful. Doubt really helps to guide and keep you on the path because it makes you wonder, it makes you chew on the teachings, it makes you question, which means you investigate for yourself. That is wonderful doubt. That is the doubt that is actually the essence of the path. That doubt is like nectar itself that will bless you with realization because it will bring you to certainty. That is the doubt that will bring you beyond doubt. So, go for your doubt and use it to ask, "What is this? And why? And how? And what do I do about it?" That will actually help you along your path.

*~ teaching continues in Part 15...*

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~Translated and edited by Shashi Reitz~*