

~From the Archives of Teachings by Venerable Gyatrul Rinpoche~

## On Faith and Recognizing the Oneness Nature

*In April of 2013, Venerable Gyatrul Rinpoche gave the following spontaneous teaching privately while at Tashi Chöling Center for Buddhist Studies, near Ashland, Oregon.*

### Part 3

#### Buddhanature is the Oneness Nature of Samsara and Buddha

Slowly recognize that very oneness, your buddhanature, and then you have no reason to get excited or upset or angry or anything. You've got nothing!

Then more and more you trust yourself.

More and more you take refuge in the Buddha, Dharma, and Sangha, not seeing them as separate, seeing everything is your own nature, even the hot and cold hells. All the six realms of beings are your own nature. There is nothing beyond your nature. Nothing has ever truly separated from it. You have never truly become something other than it. No sentient being lacks that nature or is irreversibly disconnected from it. Therefore, recognize that oneness! That is real faith.

Other than your own nature, there are no six realms. How could you get something or establish something separate there, somehow beyond or different from your own nature? You aren't going to get a separate six realms of confusion, with a nature different from yours. You won't get a separate five families of buddhas, either.

You won't get big butts or little butts, either! Therefore, you don't need to be proud or sad to be a big butt person or a little butt person. Why be proud or sad? They are just one, the same.

The real novice and real monk is that oneness. The real discipline is seeing that. The real yogi is that. Outer, inner, and secret teachings are all that.

If you know that, that is generation stage and that is completion stage.

If you know that, you always have generation stage. Generation stage is always there,

*This material is being made available as a free download by Vimala Treasures. © 2013, 2024 Vimala*

*~Translated and edited by Shashi Reitz~*

completion stage is there, the union of the generation and completion are that.

But if you are pretending to be a scholar—“how this?” “why that?” pretending to debate—well maybe that benefits you a little. If you get a little bit smart, then one way things are easier for you—but nothing much. If you are more honest, humble, trust yourself, have faith, then that is what really benefits.

Rich people have so much busyness, so many complications, they get nothing. Everything is the servant of their five poisons, day and night.

It's the same thing with superficial scholars—real wisdom is lost. They don't recognize the real one. They don't know what *is*. They don't know reality, so how are they going to liberate themselves?

To be a real scholar but with no pride is very difficult.

A professional practitioner doesn't have pride either: They are just humble, with lots of faith, always understanding more and more, deeper and deeper, faith and trust deeper, too, in that one nature, just through some tiny thing. What is the thing to trust? Innerly, everything is buddhanature—what is there not to trust?

*~ teaching continues in Part 4...*