

~From the Archives of Teachings by Venerable Gyatrul Rinpoche~

## On Faith and Recognizing the Oneness Nature

*In April of 2013, Venerable Gyatrul Rinpoche gave the following spontaneous teaching privately while at Tashi Chöling Center for Buddhist Studies, near Ashland, Oregon.*

### Part 5

#### Conclusion: How to Develop Trust and Faith in the Oneness Nature

Nobody wants to see if the lama has real qualities. We only care about their big name. We are so impressed if they are famous. Or rich, that's the best! That way we love to screw ourselves up. That is our stupid habit tradition.

Instead, please read and learn. Learn the qualities of the Three Jewels, learn the qualities of a real practitioner, a real lama.

That way you can see with your own eyes.

Then you will trust the objects of refuge more and more because you will see why. You will see what makes them trustable. That is how faith develops.

As you learn the dharma and understand it more and more, you will slowly trust samsara less and less. Why? Because when you examine it, you find it is not trustable.

Examine in an honest way. Check slowly, slowly. What is the real refuge? Which one is the truth? Don't jump. Then when you understand and see clearly, at that time you can jump. That is jumping the real way! Otherwise, you are just jumping into samsara, and "Here we go again!" like Reagan said.

We never find our true nature that way. How many lifetimes have we gone that way, stupidly thinking we are so smart, always thinking "This is the one! This time I really got something!"

Bullshit! That's just the same old "Here we go again!"

When did you ever get something?

How long are you going to sniff around here and there, never sniffing your own

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nature? If you ignore your own oneness nature, how are you ever going to find satisfaction in separate things?

Poor sentient beings. We think we are so smart. Actually, we are the dumbest. That way we will go, unless we have the dharma.

Therefore, think carefully.

