









Plate 69: The theoretical relationship between the Buddha image and the stupa

















































































- **Spices: Saffron, cloves, nutmeg, black cardamom, green cardamom, and edible camphor. They can be either whole or powdered (not oil).**
- **Dried juniper or cedar: as powder or chips (not oil).**
- **Dried “santalum” sandalwood: as powder or chips (not oil).**
- **Dried lavender flowers/stalks (not oil).**
- **Jewelry or precious items: gold, gold dust, diamonds, silver, copper, brass, pearls, coral, jewels, turquoise, crystals, geodes, rare coins, beads, or other items of value. Used jewelry is acceptable; for example, donating your grandmother's rings is a special connection for her.**
- **Incense and medicines: anything that is dry, nonpoisonous, and free of animal products.**
- **Silk, brocade, or katags: These must be brand new and clean. They can be any color except black.**
- **Statues and stupas less than 2' tall: good quality, filled and consecrated stupas or statues of any deity in the Tibetan Buddhist tradition**

